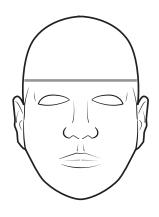
CIOS COMBAT I HELMETS



HELMET SIZING

It is important that the helmet is fit properly to achieve the correction protection level for the wearer.

Measuring to determine shell size:

- 1 User must be seated in an upright position.
- Measure the maximum head circumference by pressing the tape just above the bony eyebrow ridge of the forehead and above both ears. Tape measure must be pulled tightly.
- 3 Using the following table, select the helmet shell size.



Helmet must fit properly. If you experience fit problems, tightness or looseness, or helmet profile is too high or too low, refer to Fitting Guidelines. Failure to observe this precaution could result in serious injury or death to personnel.

Helmet Shell	Head Circumference
Small Helmet Shell	Up to 21 ¼ inches (538 mm)
Medium Helmet Shell	From 21 ¼ inches (538 mm) up to 22 1/2 inches (573 mm)
Large Helmet Shell	From 22.55 inches (573 mm) up to 23.5 inches (597 mm)
Extra-Large Helmet Shell	Over 23.5 inches (597 mm)

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